Compass Psychological Services, LLC Kara Zlotnick, Ph.D., NJ License 4416 216 Maple Avenue Red Bank, New Jersey 07701 732.778.6360

Authorization for Release of Information

This form, when completed and signed, authorizes the release of protected information.

| Name: | _ DOB: |
|---|------------------------------------|
| I, | hereby grant my permission for the |
| release or exchange of information | |
| From: | To: |
| | |
| | |
| The purpose of the communication is to: Coordinate therapy with | |
| Other_ | |
| This information may include: All relevant records and impressions | |
| Other_ | |
| The following limits to this release apply: No limits | |
| Other_ | |
| Release valid to the following date unless revoked in writing: | |
| ☐ Twelve (12) months from signature date ☐ Or | ther date |
| I understand that I may refuse to authorize release of any information by withholding my signature. | |
| Signature | Date |
| Relationship: Self Guardian | |
| For patients 14 years and older: | |
| Signature | Date |

Notes: 1. You may cancel this authorization by submitting a letter to your therapist in person or by mail. 2. We cannot protect your confidentiality of information or records once sent to others and these items may no longer be protected by the HIPAA Privacy Rule.

3. In most cases, you are not required to sign this form in order to receive psychological services.